

X GRANDE PREMIO RUI SILVA

Patrocínio: C.M. CARTAXO

Apoio: C.M. CARTAXO

Data: 24/04/2010

Classif.: Relatório Geral Masculino e Feminino

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube | Tempo |
|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|-------------------|----------|
| 1 | 454 | KIPRONO MENJO | 30 | M2034 | 1 | M | | | | | QUENIA | 00:28:40 |
| 2 | 1 | RUI SILVA | 30 | M2034 | 2 | M | | | | | SPORTING CP | 00:29:11 |
| 3 | 166 | FILIFE PEDRO | 30 | M2034 | 3 | M | | | | | NA JOANE | 00:30:11 |
| 4 | 421 | ELISHA BIRGEN | 31 | M2034 | 4 | M | | | | | KENIA | 00:30:16 |
| 5 | 10 | EUCLIDES VARELA | 28 | M2034 | 5 | M | | | | | GDU CAXIENSES | 00:30:38 |
| 6 | 2 | GILBERT MASAI | 20 | M2034 | 6 | M | | | | | KENIA | 00:30:42 |
| 7 | 55 | JOSE MADURO | 27 | M2034 | 7 | M | | | | | MAIA AC | 00:31:05 |
| 8 | 411 | CARLOS COSTA | 24 | M2034 | 8 | M | | | | | NA JOANE | 00:31:19 |
| 9 | 61 | BRUNO RODRIGUES | 22 | M2034 | 9 | M | | | | | JUVENTUDE | 00:31:31 |
| 10 | 275 | RICARDO ABREU | 30 | M2034 | 10 | M | | | | | CS MARITIMO | 00:31:59 |
| 11 | 274 | CARLOS SANTOS | 30 | M2034 | 11 | M | | | | | SL BENFICA | 00:32:02 |
| 12 | 57 | ISAC GONÇALVES | 18 | M1819 | 1 | M | | | | | GDR CONFORLIMPA | 00:32:07 |
| 13 | 255 | PEDRO RODRIGUES | 32 | M2034 | 12 | M | | | | | CR LEOES P SALVO | 00:32:20 |
| 14 | 256 | LUIS ALLEN | 40 | M4044 | 1 | M | | | | | CR LEOES P SALVO | 00:32:23 |
| 15 | 434 | CARLOS ALVES | 43 | M4044 | 2 | M | | | | | BOAVISTA S MATEUS | 00:32:24 |
| 16 | 422 | MIGUEL ARRAIOLOS | 21 | M2034 | 13 | M | | | | | INDIVIDUAL | 00:32:27 |
| 17 | 357 | ALEXEI SCUTARU | 37 | M3539 | 1 | M | | | | | CRD ARRUDENSE | 00:32:28 |
| 18 | 294 | JOAO PEREIRA | 22 | M2034 | 14 | M | | | | | ALHANDRA SC | 00:32:40 |
| 19 | 196 | EUGENIO NETO | 47 | M4549 | 1 | M | | | | | GDR REBOLEIRA | 00:32:47 |
| 20 | 195 | JOSE INACIO | 45 | M4549 | 2 | M | | | | | GDR REBOLEIRA | 00:32:48 |
| 21 | 105 | FRANCISCO PEDRO | 39 | M3539 | 2 | M | | | | | ARSC TOLEDO | 00:33:13 |
| 22 | 174 | HAMID HAKIM | 27 | M2034 | 15 | M | | | | | UFCI TOMAR | 00:33:22 |
| 23 | 236 | GILBERTO FERNANDES | 47 | M4549 | 3 | M | | | | | ACR FRADE CIMA | 00:33:24 |
| 24 | 74 | SILVESTRE GOMES | 54 | M5054 | 1 | M | | | | | BOAVISTA S MATEUS | 00:33:31 |
| 25 | 13 | VITOR VASCO | 40 | M4044 | 3 | M | | | | | GA FREG VIDAIS | 00:33:44 |
| 26 | 69 | AMILCAR DUARTE | 51 | M5054 | 2 | M | | | | | SPORTING CP | 00:33:46 |
| 27 | 193 | JOSE LOURO | 50 | M5054 | 3 | M | | | | | CCD CM SETUBAL | 00:33:49 |
| 28 | 15 | JULIO HENRIQUES | 48 | M4549 | 4 | M | | | | | GA FREG VIDAIS | 00:33:57 |
| 29 | 220 | ELIAS VITANGUI | 33 | M2034 | 16 | M | | | | | ODIMARQ | 00:34:06 |
| 30 | 464 | PAULO DURAES | 38 | M3539 | 3 | M | | | | | CRD ARRUDENSE | 00:34:18 |
| 31 | 257 | ANTONIO MANETA | 44 | M4044 | 4 | M | | | | | CR LEOES P SALVO | 00:34:20 |
| 32 | 108 | ANDRE FERREIRA | 29 | M2034 | 17 | M | | | | | ARSC TOLEDO | 00:34:22 |
| 33 | 11 | EDUARDO LOPES | 31 | M2034 | 18 | M | | | | | GA FREG VIDAIS | 00:34:24 |

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| 34 | 258 | ALEXANDRE SOARES | 47 | M4549 | 5 | M | | | | CR LEOES P SALVO | 00:34:26 |
| 35 | 194 | JOSE ANTUNES | 44 | M4044 | 5 | M | | | | GDR REBOLEIRA | 00:34:29 |
| 36 | 407 | FILIPE FIALHO | 43 | M4044 | 6 | M | | | | CONSTROLANDIA | 00:34:34 |
| 37 | 84 | POMPILIO VAZ | 45 | M4549 | 6 | M | | | | CCD O ALVITEJO | 00:34:43 |
| 38 | 4 | RODAH CHEROP | 20 | F2034 | 1 | F | | | | KENIA | 00:34:51 |
| 39 | 280 | FERNANDO SANTOS | 44 | M4044 | 7 | M | | | | CEFA MARINHA | 00:34:56 |
| 40 | 12 | HORACIO ALEXANDTE | 29 | M2034 | 19 | M | | | | GA FREG VIDAIS | 00:34:57 |
| 41 | 409 | DOROTEIA PEIXOTO | 27 | F2034 | 2 | F | | | | SPORTZONE R TEAM | 00:34:57 |
| 42 | 221 | LUIS BATISTA | 32 | M2034 | 20 | M | | | | ODIMARQ | 00:34:58 |
| 43 | 469 | JOAO CARDOSO | 48 | M4549 | 7 | M | | | | ACLOS LIBERTY | 00:35:06 |
| 44 | 168 | ELISABETE LOPES | 33 | F2034 | 3 | F | | | | MARATONA CP | 00:35:13 |
| 45 | 167 | MANUEL PACHECO | 42 | M4044 | 8 | M | | | | NA JOANE | 00:35:14 |
| 46 | 58 | NUNO CARDOSO | 18 | M1819 | 2 | M | | | | GDR CONFORLIMPA | 00:35:17 |
| 47 | 5 | MARGARET GIGICHUA | 23 | F2034 | 4 | F | | | | KENIA | 00:35:25 |
| 48 | 378 | LUIS TORRAO | 28 | M2034 | 21 | M | | | | ATENEU A | 00:35:31 |
| 49 | 219 | JOAO LUCAS | 45 | M4549 | 8 | M | | | | ODIMARQ | 00:35:50 |
| 50 | 9 | ANA FERREIRA | 22 | F2034 | 5 | F | | | | GD ESTREITO | 00:35:54 |
| 51 | 154 | LUIS MOTA | 40 | M4044 | 9 | M | | | | ADR AGUAS BELAS | 00:35:55 |
| 52 | 441 | PEDRO LUIS | 35 | M3539 | 4 | M | | | | CDR AGUIAS UNIDAS | 00:35:59 |
| 53 | 80 | NELSON SANTOS | 40 | M4044 | 10 | M | | | | CCD O ALVITEJO | 00:36:08 |
| 54 | 238 | JOAO MIRANDA | 39 | M3539 | 5 | M | | | | CLUBE VODAFONE | 00:36:10 |
| 55 | 106 | JOAQUIM RODRIGUES | 40 | M4044 | 11 | M | | | | ARSC TOLEDO | 00:36:15 |
| 56 | 197 | FILIPE SILVA | 57 | M5559 | 1 | M | | | | GDR REBOLEIRA | 00:36:15 |
| 57 | 286 | MARCIO PEREIRA | 30 | M2034 | 22 | M | | | | AA COIMBRA | 00:36:16 |
| 58 | 414 | HELENA SAMPAIO | 29 | F2034 | 6 | F | | | | GRECAS | 00:36:21 |
| 59 | 440 | RUI AFONSO | 40 | M4044 | 12 | M | | | | CDR AGUIAS UNIDAS | 00:36:22 |
| 60 | 40 | PAULO ALFAR | 45 | M4549 | 9 | M | | | | CCDT METRO LX | 00:36:26 |
| 61 | 18 | PAULO LEANDRO | 42 | M4044 | 13 | M | | | | GA FREG VIDAIS | 00:36:36 |
| 62 | 483 | RICARDO FRANCISCO | 33 | M2034 | 23 | M | | | | INDIVIDUAL | 00:36:38 |
| 63 | 419 | JOAO MARTINS | 48 | M4549 | 10 | M | | | | CUA BENAVENTENSE | 00:36:47 |
| 64 | 379 | JOSE CUSTODIO | 45 | M4549 | 11 | M | | | | ATENEU A | 00:36:51 |
| 65 | 137 | RICARDO OLIVEIRA | 34 | M2034 | 24 | M | | | | GDR FIGUEIRAS | 00:36:54 |
| 66 | 444 | JOAQUIM CAPUCHO | 47 | M4549 | 12 | M | | | | CDR AGUIAS UNIDAS | 00:36:56 |
| 67 | 377 | ANTONIO CORREIA | 41 | M4044 | 14 | M | | | | ATENEU A | 00:36:58 |
| 68 | 292 | HELDER CARREIRA | 33 | M2034 | 25 | M | | | | CA BARREIRA | 00:37:03 |
| 69 | 383 | LICINIO PEREIRA | 54 | M5054 | 4 | M | | | | ATENEU A | 00:37:06 |
| 70 | 6 | BEATRIZ CUNHA | 30 | F2034 | 7 | F | | | | CA PATAMEIRAS | 00:37:07 |
| 71 | 113 | JOAQUIM MORAIS | 51 | M5054 | 5 | M | | | | C VETERANOS LIS | 00:37:10 |
| 72 | 279 | AUGUSTO MACIEIRA | 40 | M4044 | 15 | M | | | | CEFA MARINHA | 00:37:12 |
| 73 | 104 | JOAO CANAS | 34 | M2034 | 26 | M | | | | ARSC TOLEDO | 00:37:13 |

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| 74 | 329 | PEDRO PEREIRA | 34 | M2034 | 27 | M | | | | | INDIVIDUAL | 00:37:16 |
| 75 | 82 | JORGE PEDRO | 43 | M4044 | 16 | M | | | | | CCD O ALVITEJO | 00:37:18 |
| 76 | 380 | MARCO FIDALGO | 32 | M2034 | 28 | M | | | | | ATENEU A | 00:37:20 |
| 77 | 278 | CARLOS JORGE | 42 | M4044 | 17 | M | | | | | CEFA MARINHA | 00:37:27 |
| 78 | 217 | ORLANDO CORREIA | 38 | M3539 | 6 | M | | | | | ODIMARQ | 00:37:30 |
| 79 | 416 | JOSE GOMES | 46 | M4549 | 13 | M | | | | | CLAC ENTROCAMENTO | 00:37:34 |
| 80 | 281 | LUIS VALVERDE | 44 | M4044 | 18 | M | | | | | CEFA MARINHA | 00:37:36 |
| 81 | 155 | CARLOS DURO | 53 | M5054 | 6 | M | | | | | ADR AGUAS BELAS | 00:37:38 |
| 82 | 8 | CATIA GALHARDO | 22 | F2034 | 8 | F | | | | | AR ESTRELAS SUL | 00:37:40 |
| 83 | 218 | PAULO CARVALHO | 40 | M4044 | 19 | M | | | | | ODIMARQ | 00:37:40 |
| 84 | 138 | ANTONIO SALCEDAS | 38 | M3539 | 7 | M | | | | | GDR FIGUEIRAS | 00:37:42 |
| 85 | 147 | PAULO SILVA | 46 | M4549 | 14 | M | | | | | CP PONTEVEL | 00:37:44 |
| 86 | 336 | BRUNO C M CALISTO | 34 | M2034 | 29 | M | | | | | INDIVIDUAL | 00:37:44 |
| 87 | 110 | LUIS REBELO | 45 | M4549 | 15 | M | | | | | ARSC TOLEDO | 00:37:48 |
| 88 | 79 | ANTONIO PAIS | 40 | M4044 | 20 | M | | | | | CCD O ALVITEJO | 00:37:52 |
| 89 | 75 | JOAO PORTELA | 63 | M6099 | 1 | M | | | | | BOAVISTA S MATEUS | 00:37:56 |
| 90 | 190 | VICTOR NOGUEIRA | 45 | M4549 | 16 | M | | | | | GAA VILA FRANCA XIRA | 00:37:58 |
| 91 | 7 | VERA NUNES | 30 | F2034 | 9 | F | | | | | SL BENFICA | 00:38:02 |
| 92 | 448 | NUNO PEIXOTO | 20 | M2034 | 30 | M | | | | | SC MOITENSE | 00:38:03 |
| 93 | 321 | MIGUEL TEIXEIRA | 36 | M3539 | 8 | M | | | | | INDIVIDUAL | 00:38:04 |
| 94 | 139 | SERGIO E SANTO | 43 | M4044 | 21 | M | | | | | GDR FIGUEIRAS | 00:38:17 |
| 95 | 140 | CARLOS SANTOS | 40 | M4044 | 22 | M | | | | | GDR FIGUEIRAS | 00:38:18 |
| 96 | 212 | RICARDO FRANCO | 25 | M2034 | 31 | M | | | | | WIKABOO | 00:38:19 |
| 97 | 283 | JOAQUIM BICO | 51 | M5054 | 7 | M | | | | | CEFA MARINHA | 00:38:21 |
| 98 | 102 | ROBERTO REIS | 32 | M2034 | 32 | M | | | | | GDC EIRAPEDRENSE | 00:38:23 |
| 99 | 478 | CARLOS PINTO | 41 | M4044 | 23 | M | | | | | INDIVIDUAL | 00:38:23 |
| 100 | 443 | VASCO MOTA | 18 | M1819 | 3 | M | | | | | CDR AGUIAS UNIDAS | 00:38:27 |
| 101 | 276 | LUIS OLIVEIRA | 23 | M2034 | 33 | M | | | | | CEFA MARINHA | 00:38:28 |
| 102 | 232 | JORGE CANTEIRO | 40 | M4044 | 24 | M | | | | | AÇOREANA C BANIF | 00:38:31 |
| 103 | 112 | JOSE MARIO | 54 | M5054 | 8 | M | | | | | C VETERANOS LIS | 00:38:32 |
| 104 | 206 | ANTONIO LEMOS | 61 | M6099 | 2 | M | | | | | WIKABOO | 00:38:35 |
| 105 | 390 | ALEXANDRE ARAUJO | 30 | M2034 | 34 | M | | | | | C NATAÇÃO RIO MAIOR | 00:38:35 |
| 106 | 17 | ACACIO CAMPOS | 52 | M5054 | 9 | M | | | | | GA FREG VIDAIS | 00:38:37 |
| 107 | 427 | ANTONIO MOURA | 50 | M5054 | 10 | M | | | | | INDIVIDUAL | 00:38:40 |
| 108 | 237 | JULIO MOTA | 52 | M5054 | 11 | M | | | | | ACR FRADE CIMA | 00:38:45 |
| 109 | 71 | PAULO CARVALHO | 34 | M2034 | 35 | M | | | | | ACA | 00:38:49 |
| 110 | 28 | EMANUEL GOMES | 41 | M4044 | 25 | M | | | | | CCDT METRO LX | 00:38:52 |
| 111 | 207 | FILIFE NEVES | 36 | M3539 | 9 | M | | | | | WIKABOO | 00:39:05 |
| 112 | 341 | DANIEL JAULINO | 44 | M4044 | 26 | M | | | | | INDIVIDUAL | 00:39:07 |
| 113 | 222 | RUI FALCAO | 48 | M4549 | 17 | M | | | | | FALCOES SELVAGENS | 00:39:10 |

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| 114 | 50 | PAULO LOPES | 42 | M4044 | 27 | M | | | | | GD AGUIAS MOITA | 00:39:11 |
| 115 | 81 | ANIBAL GASPAR | 40 | M4044 | 28 | M | | | | | CCD O ALVITEJO | 00:39:12 |
| 116 | 122 | JOSUE FRANCISCO | 38 | M3539 | 10 | M | | | | | SR CAMARNAL | 00:39:14 |
| 117 | 273 | PEDRO SILVA | 36 | M3539 | 11 | M | | | | | GIRASSOL | 00:39:14 |
| 118 | 389 | JOAO LOPES | 51 | M5054 | 12 | M | | | | | AD REMOLPINTA | 00:39:14 |
| 119 | 446 | ANABELA TAVARES | 31 | F2034 | 10 | F | | | | | CDR AGUIAS UNIDAS | 00:39:15 |
| 120 | 142 | PAULO SIMAO | 40 | M4044 | 29 | M | | | | | GDR FIGUEIRAS | 00:39:16 |
| 121 | 442 | DAVID FERNANDES | 35 | M3539 | 12 | M | | | | | CDR AGUIAS UNIDAS | 00:39:16 |
| 122 | 89 | ARSENIO FERNANDES | 54 | M5054 | 13 | M | | | | | CCD O ALVITEJO | 00:39:21 |
| 123 | 264 | ANTONIO SANTOS | 51 | M5054 | 14 | M | | | | | GD INE | 00:39:24 |
| 124 | 83 | ANTONIO AZEDO | 44 | M4044 | 30 | M | | | | | CCD O ALVITEJO | 00:39:39 |
| 125 | 107 | JOAO BENTO | 41 | M4044 | 31 | M | | | | | ARSC TOLEDO | 00:39:43 |
| 126 | 70 | FERNANDO CHAMUSCA | 60 | M6099 | 3 | M | | | | | GD IN CASA MOEDA | 00:39:47 |
| 127 | 353 | MIGUEL TAVARES | 37 | M3539 | 13 | M | | | | | INDIVIDUAL | 00:39:48 |
| 128 | 36 | MANUEL COSTA | 53 | M5054 | 15 | M | | | | | CCDT METRO LX | 00:39:52 |
| 129 | 149 | RICARDO MARTINS | 28 | M2034 | 36 | M | | | | | CP PONTEVEL | 00:39:58 |
| 130 | 437 | JORGE AMARAL | 41 | M4044 | 32 | M | | | | | CDR AGUIAS UNIDAS | 00:40:02 |
| 131 | 265 | NUNO M CORREIA | 43 | M4044 | 33 | M | | | | | GD INE | 00:40:03 |
| 132 | 152 | MARCO FRANCO | 30 | M2034 | 37 | M | | | | | ADR AGUAS BELAS | 00:40:06 |
| 133 | 410 | AURELIANA POLONIA | 40 | F3599 | 1 | F | | | | | SPORTZONE R TEAM | 00:40:07 |
| 134 | 412 | JOAO JACINTO | 53 | M5054 | 16 | M | | | | | CCD O ALVITEJO | 00:40:08 |
| 135 | 101 | FERNANDO NEVES | 37 | M3539 | 14 | M | | | | | GDC EIRAPEDRENSE | 00:40:12 |
| 136 | 177 | PAULO CORREIA | 44 | M4044 | 34 | M | | | | | OS SANTARENOS | 00:40:15 |
| 137 | 287 | JULIO FIRME | 29 | M2034 | 38 | M | | | | | AA LEBRES SADO | 00:40:15 |
| 138 | 192 | JOAO LUIS | 21 | M2034 | 39 | M | | | | | GAA VILA FRANCA XIRA | 00:40:16 |
| 139 | 181 | JOSE M S SILVA | 35 | M3539 | 15 | M | | | | | OS SANTARENOS | 00:40:19 |
| 140 | 433 | MIGUEL A GOMES | 28 | M2034 | 40 | M | | | | | INDIVIDUAL | 00:40:30 |
| 141 | 393 | ANDRE ALEXANDRE | 20 | M2034 | 41 | M | | | | | C NATAÇÃO RIO MAIOR | 00:40:37 |
| 142 | 345 | PAULO CORREIA | 35 | M3539 | 16 | M | | | | | INDIVIDUAL | 00:40:38 |
| 143 | 266 | NUNO FORTE | 36 | M3539 | 17 | M | | | | | FIRST TEAM | 00:40:40 |
| 144 | 398 | LUIS RATO | 39 | M3539 | 18 | M | | | | | CN CARTAXO | 00:40:43 |
| 145 | 399 | NUNO NOBRE | 35 | M3539 | 19 | M | | | | | CN CARTAXO | 00:40:43 |
| 146 | 429 | ANTONIO BURLET | 32 | M2034 | 42 | M | | | | | INDIVIDUAL | 00:40:44 |
| 147 | 165 | VIRGILIO OLIVEIRA | 46 | M4549 | 18 | M | | | | | AA POMBAL | 00:40:48 |
| 148 | 319 | FRANCISCO MONTE | 29 | M2034 | 43 | M | | | | | INDIVIDUAL | 00:40:51 |
| 149 | 136 | NELSON BENTO | 33 | M2034 | 44 | M | | | | | GDR FIGUEIRAS | 00:40:52 |
| 150 | 19 | ORLINDO FIGUEIREDO | 62 | M6099 | 4 | M | | | | | SS CGD | 00:40:54 |
| 151 | 297 | FRANCISCO GAIO | 47 | M4549 | 19 | M | | | | | A 20 KMS ALMEIRIM | 00:40:55 |
| 152 | 160 | LUIS MOTA | 34 | M2034 | 45 | M | | | | | SCALABIS N RUNNING | 00:40:57 |
| 153 | 413 | SERGIO SANTOS | 40 | M4044 | 35 | M | | | | | GDR FIGUEIRAS | 00:40:58 |

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| 154 | 118 | JOSE GABRIEL | 60 | M6099 | 5 | M | | | | | C VETERANOS LIS | 00:40:59 |
| 155 | 134 | PAULO MORENO | 32 | M2034 | 46 | M | | | | | GDR FIGUEIRAS | 00:41:02 |
| 156 | 271 | LUIS SILVA | 38 | M3539 | 20 | M | | | | | CP ALCANENA | 00:41:04 |
| 157 | 56 | DAVID GANÇO | 27 | M2034 | 47 | M | | | | | GD MACEDO OCULISTA | 00:41:16 |
| 158 | 97 | ABILIO | 51 | M5054 | 17 | M | | | | | GDC EIRAPEDRENSE | 00:41:19 |
| 159 | 43 | JOAO MIRANDA | 51 | M5054 | 18 | M | | | | | CCDT METRO LX | 00:41:22 |
| 160 | 87 | ANTONIO FRANCISCO | 46 | M4549 | 20 | M | | | | | CCD O ALVITEJO | 00:41:22 |
| 161 | 159 | LUIS FERREIRA | 33 | M2034 | 48 | M | | | | | SCALABIS N RUNNING | 00:41:23 |
| 162 | 41 | PAULO COELHO | 29 | M2034 | 49 | M | | | | | CCDT METRO LX | 00:41:25 |
| 163 | 288 | JOAO CASACA | 43 | M4044 | 36 | M | | | | | CALIFORNIA | 00:41:26 |
| 164 | 392 | PEDRO RIBEIRO | 25 | M2034 | 50 | M | | | | | C NATAÇÃO RIO MAIOR | 00:41:27 |
| 165 | 366 | GABRIEL RODRIGUES | 45 | M4549 | 21 | M | | | | | ADCR PAINHO | 00:41:30 |
| 166 | 180 | MIGUEL SATURNINO | 25 | M2034 | 51 | M | | | | | OS SANTARENOS | 00:41:32 |
| 167 | 368 | MANUEL FERREIRA | 42 | M4044 | 37 | M | | | | | ADCR PAINHO | 00:41:32 |
| 168 | 326 | JOAO CARVALHO | 60 | M6099 | 6 | M | | | | | INDIVIDUAL | 00:41:36 |
| 169 | 153 | MARIO ROSA | 24 | M2034 | 52 | M | | | | | ADR AGUAS BELAS | 00:41:37 |
| 170 | 157 | VANESSA ROSA | 22 | F2034 | 11 | F | | | | | JOMA | 00:41:37 |
| 171 | 394 | CRISTOVAO SANTOS | 25 | M2034 | 53 | M | | | | | GP RUNNERS | 00:41:46 |
| 172 | 227 | FERNANDO FIGUEIREDO | 43 | M4044 | 38 | M | | | | | FALCOES SELVAGENS | 00:41:47 |
| 173 | 330 | JOAO P V R PEREIRA | 27 | M2034 | 54 | M | | | | | INDIVIDUAL | 00:41:47 |
| 174 | 191 | BRUNO SILVA | 35 | M3539 | 21 | M | | | | | GAA VILA FRANCA XIRA | 00:41:49 |
| 175 | 175 | MARIO NETO | 33 | M2034 | 55 | M | | | | | OS SANTARENOS | 00:41:54 |
| 176 | 25 | EDUARDO LAGOA | 42 | M4044 | 39 | M | | | | | CCDT METRO LX | 00:41:55 |
| 177 | 417 | ALCINO NUNES | 37 | M3539 | 22 | M | | | | | CLAC ENTROCAMENTO | 00:41:56 |
| 178 | 335 | DAVID O SANCHES | 34 | M2034 | 56 | M | | | | | INDIVIDUAL | 00:42:01 |
| 179 | 172 | ERNESTO PARENTE | 44 | M4044 | 40 | M | | | | | UFCI TOMAR | 00:42:04 |
| 180 | 144 | LUIS SECO | 51 | M5054 | 19 | M | | | | | GDR FIGUEIRAS | 00:42:05 |
| 181 | 135 | FRANCISCO MORENO | 36 | M3539 | 23 | M | | | | | GDR FIGUEIRAS | 00:42:06 |
| 182 | 438 | FRANCISCO FERNANDES | 66 | M6099 | 7 | M | | | | | CDR AGUIAS UNIDAS | 00:42:08 |
| 183 | 93 | FRANCISCO MULETA | 55 | M5559 | 2 | M | | | | | CCD O ALVITEJO | 00:42:18 |
| 184 | 16 | LUIS SANTOS | 51 | M5054 | 20 | M | | | | | GA FREG VIDAIS | 00:42:22 |
| 185 | 348 | JOSE M S BOUCEIRO | 45 | M4549 | 22 | M | | | | | INDIVIDUAL | 00:42:33 |
| 186 | 100 | RUI SILVA | 43 | M4044 | 41 | M | | | | | GDC EIRAPEDRENSE | 00:42:34 |
| 187 | 121 | HELDER MARQUES | 44 | M4044 | 42 | M | | | | | SR CAMARNAL | 00:42:34 |
| 188 | 241 | GASPAR LANDEIRO | 50 | M5054 | 21 | M | | | | | MULTIFLOW | 00:42:34 |
| 189 | 365 | AMANDIO CAETANO | 47 | M4549 | 23 | M | | | | | ADCR PAINHO | 00:42:36 |
| 190 | 156 | MANUEL GOMES | 57 | M5559 | 3 | M | | | | | ADR AGUAS BELAS | 00:42:45 |
| 191 | 381 | FERNANDO SILVA | 46 | M4549 | 24 | M | | | | | ATENEU A | 00:42:46 |
| 192 | 262 | GONÇALO FERREIRA | 37 | M3539 | 24 | M | | | | | GD INE | 00:42:48 |
| 193 | 479 | CARLOS ALMEIDA | 52 | M5054 | 22 | M | | | | | INDIVIDUAL | 00:42:50 |

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| 194 | 117 | JACINTO FERREIRA | 53 | M5054 | 23 | M | | | | | C VETERANOS LIS | 00:42:51 |
| 195 | 384 | FERNANDO CATARINO | 41 | M4044 | 43 | M | | | | | ATENEU A | 00:42:54 |
| 196 | 304 | LUIS R PEREIRA | 55 | M5559 | 4 | M | | | | | INDIVIDUAL | 00:42:58 |
| 197 | 382 | PEDRO MARIA | 36 | M3539 | 25 | M | | | | | ATENEU A | 00:43:00 |
| 198 | 178 | JERONIMO GRAÇA | 36 | M3539 | 26 | M | | | | | OS SANTARENOS | 00:43:03 |
| 199 | 405 | MARIO COUTO | 32 | M2034 | 57 | M | | | | | CN CARTAXO | 00:43:03 |
| 200 | 415 | OCTAVIO DIAS | 49 | M4549 | 25 | M | | | | | CLAC ENTROCAMENTO | 00:43:04 |
| 201 | 233 | MICHEL COSTA | 38 | M3539 | 27 | M | | | | | AÇOREANA C BANIF | 00:43:07 |
| 202 | 424 | SERGIO FERREIRA | 27 | M2034 | 58 | M | | | | | INDIVIDUAL | 00:43:12 |
| 203 | 182 | JOAO CARVALHO | 41 | M4044 | 44 | M | | | | | OS SANTARENOS | 00:43:15 |
| 204 | 145 | LEONEL RODRIGUES | 55 | M5559 | 5 | M | | | | | GDR FIGUEIRAS | 00:43:19 |
| 205 | 33 | JOSE SILVA | 54 | M5054 | 24 | M | | | | | CCDT METRO LX | 00:43:26 |
| 206 | 472 | CARLOS AFONSO | 51 | M5054 | 25 | M | | | | | INDIVIDUAL | 00:43:33 |
| 207 | 187 | JORGE FONSECA | 47 | M4549 | 26 | M | | | | | OS SANTARENOS | 00:43:36 |
| 208 | 183 | CARLOS HENRIQUES | 26 | M2034 | 59 | M | | | | | OS SANTARENOS | 00:43:38 |
| 209 | 188 | DAVID FERREIRA | 42 | M4044 | 45 | M | | | | | OS SANTARENOS | 00:43:38 |
| 210 | 466 | VITOR ANTUNES | 54 | M5054 | 26 | M | | | | | C VETERANOS LIS | 00:43:44 |
| 211 | 367 | LUIZ GOMES | 42 | M4044 | 46 | M | | | | | ADCR PAINHO | 00:43:49 |
| 212 | 141 | VITOR CARDEIRA | 44 | M4044 | 47 | M | | | | | GDR FIGUEIRAS | 00:43:55 |
| 213 | 148 | CESAR NUNES | 23 | M2034 | 60 | M | | | | | CP PONTEVEL | 00:44:01 |
| 214 | 477 | PEDRO NOGUEIRA | 38 | M3539 | 28 | M | | | | | INDIVIDUAL | 00:44:04 |
| 215 | 146 | AMILCAR AMORIM | 42 | M4044 | 48 | M | | | | | CP PONTEVEL | 00:44:05 |
| 216 | 364 | RENATO FIDALGO | 48 | M4549 | 27 | M | | | | | ADCR PAINHO | 00:44:06 |
| 217 | 362 | ANTONIO RODRIGUES | 56 | M5559 | 6 | M | | | | | ADCR PAINHO | 00:44:09 |
| 218 | 480 | ALBERTO VINAGRE | 48 | M4549 | 28 | M | | | | | INDIVIDUAL | 00:44:11 |
| 219 | 169 | MONICA POPA | 28 | F2034 | 12 | F | | | | | CF OS BELENESES | 00:44:19 |
| 220 | 272 | CARLOS PINTO | 51 | M5054 | 27 | M | | | | | CP ALCANENA | 00:44:27 |
| 221 | 90 | MANUEL VITORINO | 60 | M6099 | 8 | M | | | | | CCD O ALVITEJO | 00:44:37 |
| 222 | 184 | NUNO MENDAO | 36 | M3539 | 29 | M | | | | | OS SANTARENOS | 00:44:39 |
| 223 | 396 | HUGO MAGALHAES | 34 | M2034 | 61 | M | | | | | GP RUNNERS | 00:44:40 |
| 224 | 481 | ALBERTO CRUZ | 61 | M6099 | 9 | M | | | | | INDIVIDUAL | 00:44:41 |
| 225 | 270 | LUIS NETO | 33 | M2034 | 62 | M | | | | | CP ALCANENA | 00:44:46 |
| 226 | 240 | JOSE A DIONISIO | 48 | M4549 | 29 | M | | | | | MULTIFLOW | 00:44:51 |
| 227 | 96 | JOSE MATIAS | 54 | M5054 | 28 | M | | | | | GDC EIRAPEDRENSE | 00:44:52 |
| 228 | 173 | MANUEL MOTA | 47 | M4549 | 30 | M | | | | | UFCI TOMAR | 00:44:53 |
| 229 | 354 | FRANCISCO CUNHA | 45 | M4549 | 31 | M | | | | | INDIVIDUAL | 00:45:05 |
| 230 | 355 | JOSE OLIVEIRA | 42 | M4044 | 49 | M | | | | | INDIVIDUAL | 00:45:06 |
| 231 | 143 | FERNANDO SANTOS | 50 | M5054 | 29 | M | | | | | GDR FIGUEIRAS | 00:45:13 |
| 232 | 404 | FABIO FERREIRA | 24 | M2034 | 63 | M | | | | | CN CARTAXO | 00:45:15 |
| 233 | 359 | LINO SANTOS | 19 | M1819 | 4 | M | | | | | OS SANTARENOS | 00:45:16 |

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| 234 | 463 | JORGE MONTEIRO | 37 | M3539 | 30 | M | | | | | INDIVIDUAL | 00:45:19 |
| 235 | 68 | MANUEL FONSECA | 46 | M4549 | 32 | M | | | | | O MUNDO CORRIDA | 00:45:26 |
| 236 | 363 | JOSE VENTURA | 52 | M5054 | 30 | M | | | | | ADCR PAINHO | 00:45:34 |
| 237 | 98 | JORGE GOMES | 46 | M4549 | 33 | M | | | | | GDC EIRAPEDRENSE | 00:45:36 |
| 238 | 284 | ANTONIO MARQUES | 45 | M4549 | 34 | M | | | | | CEFA MARINHA | 00:45:37 |
| 239 | 164 | JOAO MOTA | 35 | M3539 | 31 | M | | | | | SCALABIS N RUNNING | 00:45:39 |
| 240 | 328 | MARTA FONSECA | 27 | F2034 | 13 | F | | | | | INDIVIDUAL | 00:45:40 |
| 241 | 209 | MARIA AZEVEDO | 31 | F2034 | 14 | F | | | | | WIKABOO | 00:45:41 |
| 242 | 208 | NUNO BARRADAS | 45 | M4549 | 35 | M | | | | | WIKABOO | 00:45:43 |
| 243 | 14 | JOSE DUARTE | 48 | M4549 | 36 | M | | | | | GA FREG VIDAIS | 00:45:47 |
| 244 | 103 | NOEL SARAIVA | 29 | M2034 | 64 | M | | | | | ARSC TOLEDO | 00:45:51 |
| 245 | 474 | GUELHERMINA MARQUES | 47 | F3599 | 2 | F | | | | | CR ESTARREJA | 00:45:53 |
| 246 | 324 | LEONEL PIRES | 65 | M6099 | 10 | M | | | | | INDIVIDUAL | 00:45:54 |
| 247 | 226 | JOSE SARGAÇO | 37 | M3539 | 32 | M | | | | | FALCOES SELVAGENS | 00:45:56 |
| 248 | 459 | MARIO INACIO | 29 | M2034 | 65 | M | | | | | ACADEMIA SK | 00:46:01 |
| 249 | 340 | FERNANDO FERREIRA | 56 | M5559 | 7 | M | | | | | INDIVIDUAL | 00:46:03 |
| 250 | 346 | JOSE BELCHIOR | 58 | M5559 | 8 | M | | | | | INDIVIDUAL | 00:46:05 |
| 251 | 109 | ANTONIO FERNANDES | 46 | M4549 | 37 | M | | | | | ARSC TOLEDO | 00:46:08 |
| 252 | 338 | LUIS M R A MARQUES | 40 | M4044 | 50 | M | | | | | INDIVIDUAL | 00:46:09 |
| 253 | 397 | NUNO MOURATO | 34 | M2034 | 66 | M | | | | | GP RUNNERS | 00:46:12 |
| 254 | 295 | PEDRO LEITAO | 21 | M2034 | 67 | M | | | | | ALHANDRA SC | 00:46:13 |
| 255 | 293 | PAULO MONTEIRO | 45 | M4549 | 38 | M | | | | | ALHANDRA SC | 00:46:14 |
| 256 | 465 | RITA RIBEIRO | 26 | F2034 | 15 | F | | | | | ATENEU A | 00:46:16 |
| 257 | 339 | SILVINO J C MORINGA | 55 | M5559 | 9 | M | | | | | INDIVIDUAL | 00:46:19 |
| 258 | 73 | NUNO CABEÇA | 40 | M4044 | 51 | M | | | | | CCD SEG SOCIAL | 00:46:21 |
| 259 | 171 | JOAO MARTINS | 39 | M3539 | 33 | M | | | | | ARC SOCASA | 00:46:23 |
| 260 | 307 | RICARDO CORTES | 38 | M3539 | 34 | M | | | | | INDIVIDUAL | 00:46:24 |
| 261 | 322 | HELDER M M SILVA | 39 | M3539 | 35 | M | | | | | INDIVIDUAL | 00:46:30 |
| 262 | 244 | LUIS PENTEADO | 38 | M3539 | 36 | M | | | | | BUERAPIDOS | 00:46:35 |
| 263 | 52 | SERGIO NUNES | 37 | M3539 | 37 | M | | | | | GD AGUIAS MOITA | 00:46:44 |
| 264 | 123 | RICARDO VICENTE | 32 | M2034 | 68 | M | | | | | SR CAMARNAL | 00:46:56 |
| 265 | 124 | JORGE GONÇALVES | 42 | M4044 | 52 | M | | | | | SR CAMARNAL | 00:46:57 |
| 266 | 248 | JOSE CANEIRA | 44 | M4044 | 53 | M | | | | | TARTUGAS CHARNECA | 00:46:58 |
| 267 | 247 | CARLOS MARTINS | 38 | M3539 | 38 | M | | | | | TARTUGAS CHARNECA | 00:46:59 |
| 268 | 231 | JOAO CABRITA | 52 | M5054 | 31 | M | | | | | AÇOREANA C BANIF | 00:47:00 |
| 269 | 234 | VALTER CUNHA | 34 | M2034 | 69 | M | | | | | AÇOREANA C BANIF | 00:47:00 |
| 270 | 349 | FREDERICO J M QUINTENS | 35 | M3539 | 39 | M | | | | | INDIVIDUAL | 00:47:03 |
| 271 | 44 | RUI ARAUJO | 51 | M5054 | 32 | M | | | | | CCDT METRO LX | 00:47:05 |
| 272 | 23 | ANTONIO PEREIRA | 45 | M4549 | 39 | M | | | | | CCDT METRO LX | 00:47:06 |
| 273 | 161 | NUNO LIMA | 37 | M3539 | 40 | M | | | | | SCALABIS N RUNNING | 00:47:08 |

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| 274 | 311 | MARIA SIMOES | 35 | F3599 | 3 | F | | | | | INDIVIDUAL | 00:47:11 |
| 275 | 430 | JOAO C C SANTINHA | 33 | M2034 | 70 | M | | | | | INDIVIDUAL | 00:47:14 |
| 276 | 455 | PAULO SILVA | 44 | M4044 | 54 | M | | | | | INDIVIDUAL | 00:47:14 |
| 277 | 51 | ROGERIO NUNES | 37 | M3539 | 41 | M | | | | | GD AGUIAS MOITA | 00:47:34 |
| 278 | 450 | NORBERTO SANTOS | 52 | M5054 | 33 | M | | | | | SC MOITENSE | 00:47:40 |
| 279 | 125 | EZEQUIEL NAZARE | 54 | M5054 | 34 | M | | | | | SR CAMARNAL | 00:47:42 |
| 280 | 76 | SILVIA MADEIRA | 31 | F2034 | 16 | F | | | | | BOAVISTA S MATEUS | 00:47:43 |
| 281 | 77 | ANTONIO CARRILHO | 45 | M4549 | 40 | M | | | | | BOAVISTA S MATEUS | 00:47:44 |
| 282 | 245 | PEDRO RIBEIRO | 51 | M5054 | 35 | M | | | | | CLAC PAREDE | 00:47:44 |
| 283 | 263 | JOAO DUARTE | 34 | M2034 | 71 | M | | | | | GD INE | 00:47:48 |
| 284 | 306 | JOSE M P FIGUEIREDO | 39 | M3539 | 42 | M | | | | | INDIVIDUAL | 00:47:50 |
| 285 | 224 | LUIS REIS | 47 | M4549 | 41 | M | | | | | FALCOES SELVAGENS | 00:47:52 |
| 286 | 305 | ADRIANO CUNHA | 56 | M5559 | 10 | M | | | | | INDIVIDUAL | 00:47:53 |
| 287 | 385 | VITOR SANTOS | 47 | M4549 | 42 | M | | | | | ATENEU A | 00:47:53 |
| 288 | 468 | ALCIDES NUNES | 51 | M5054 | 36 | M | | | | | OS PERIGOSOS | 00:47:55 |
| 289 | 482 | MANUEL FRANCISCO | 51 | M5054 | 37 | M | | | | | SR CAMARNAL | 00:48:00 |
| 290 | 111 | CARLOS ALEGRE | 49 | M4549 | 43 | M | | | | | ARSC TOLEDO | 00:48:01 |
| 291 | 128 | MANUEL CRISPIM | 58 | M5559 | 11 | M | | | | | UDCA | 00:48:01 |
| 292 | 452 | ANTONIO PRIMOR | 67 | M6099 | 11 | M | | | | | SC MOITENSE | 00:48:04 |
| 293 | 387 | AUGUSTO ESTEVAO | 49 | M4549 | 44 | M | | | | | ATENEU A | 00:48:08 |
| 294 | 268 | NUNO GAMEIRO | 37 | M3539 | 43 | M | | | | | FIRST TEAM | 00:48:10 |
| 295 | 176 | JOAO RAMOS | 49 | M4549 | 45 | M | | | | | OS SANTARENOS | 00:48:12 |
| 296 | 312 | JOSE C MELO | 47 | M4549 | 46 | M | | | | | INDIVIDUAL | 00:48:12 |
| 297 | 358 | CARLOS ANJOS | 35 | M3539 | 44 | M | | | | | CA FLAMINGOS TORRE | 00:48:20 |
| 298 | 289 | FRANCISCO FARIA | 40 | M4044 | 55 | M | | | | | CALIFORNIA | 00:48:24 |
| 299 | 229 | PAULA SILVA | 36 | F3599 | 4 | F | | | | | AÇOREANA C BANIF | 00:48:33 |
| 300 | 116 | JOSE CORDEIRO | 56 | M5559 | 12 | M | | | | | C VETERANOS LIS | 00:48:37 |
| 301 | 313 | RUI GAMEIRO | 36 | M3539 | 45 | M | | | | | INDIVIDUAL | 00:48:40 |
| 302 | 20 | JOSE GUIA | 61 | M6099 | 12 | M | | | | | SS CGD | 00:48:50 |
| 303 | 225 | FRANCISCO SILVA | 49 | M4549 | 47 | M | | | | | FALCOES SELVAGENS | 00:48:55 |
| 304 | 451 | RAUL NEVES | 57 | M5559 | 13 | M | | | | | SC MOITENSE | 00:48:57 |
| 305 | 323 | CARLOS RANGEL | 57 | M5559 | 14 | M | | | | | INDIVIDUAL | 00:48:58 |
| 306 | 372 | SUZETE SILVA | 40 | F3599 | 5 | F | | | | | ATENEU A | 00:49:04 |
| 307 | 127 | JOSE RODRIGUES | 56 | M5559 | 15 | M | | | | | UDCA | 00:49:07 |
| 308 | 91 | JOSE GRILATE | 65 | M6099 | 13 | M | | | | | CCD O ALVITEJO | 00:49:12 |
| 309 | 420 | HELDER BRANCO | 38 | M3539 | 46 | M | | | | | CLUBE VODAFONE | 00:49:15 |
| 310 | 131 | JOSE ANTONIO | 52 | M5054 | 38 | M | | | | | UDCA | 00:49:17 |
| 311 | 467 | BENTO VALENTE | 44 | M4044 | 56 | M | | | | | OS PERIGOSOS | 00:49:17 |
| 312 | 95 | MANUEL PEREIRA | 56 | M5559 | 16 | M | | | | | GDC EIRAPEDRENSE | 00:49:19 |
| 313 | 252 | PAULO CRAVO | 42 | M4044 | 57 | M | | | | | AC SALVATERRA | 00:49:19 |

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| 314 | 462 | ADAM MARQUES | 27 | M2034 | 72 | M | | | | | ACADEMIA SK | 00:49:23 |
| 315 | 388 | JOSE VIDAIS | 40 | M4044 | 58 | M | | | | | ATENEU A | 00:49:30 |
| 316 | 374 | LAURA SERRAZINA | 28 | F2034 | 17 | F | | | | | ATENEU A | 00:49:38 |
| 317 | 351 | BERNARDO BORDALO | 29 | M2034 | 73 | M | | | | | INDIVIDUAL | 00:49:43 |
| 318 | 290 | RUI TENRINHO | 37 | M3539 | 47 | M | | | | | CALIFORNIA | 00:49:46 |
| 319 | 291 | FLAVIO PIRES | 19 | M1819 | 5 | M | | | | | CALIFORNIA | 00:49:47 |
| 320 | 337 | JOAO V BOAVIDA | 35 | M3539 | 48 | M | | | | | INDIVIDUAL | 00:49:50 |
| 321 | 449 | PEDRO CAPELAS | 40 | M4044 | 59 | M | | | | | SC MOITENSE | 00:49:52 |
| 322 | 86 | VITOR MEXIEIRO | 46 | M4549 | 48 | M | | | | | CCD O ALVITEJO | 00:49:56 |
| 323 | 267 | ANTONIO NORTE | 35 | M3539 | 49 | M | | | | | FIRST TEAM | 00:49:57 |
| 324 | 205 | ARTUR BOTAO | 40 | M4044 | 60 | M | | | | | C MILLENNIUM BCP | 00:50:00 |
| 325 | 99 | FERNANDO SANTOS | 48 | M4549 | 49 | M | | | | | GDC EIRAPEDRENSE | 00:50:10 |
| 326 | 63 | ANDRE LOURENÇO | 29 | M2034 | 74 | M | | | | | BOM PETISCO | 00:50:20 |
| 327 | 115 | FERNANDO OLIVEIRA | 41 | M4044 | 61 | M | | | | | C VETERANOS LIS | 00:50:25 |
| 328 | 129 | JOAO MENDES | 37 | M3539 | 50 | M | | | | | UDCA | 00:50:27 |
| 329 | 22 | ANTONIO EDUARDO | 56 | M5559 | 17 | M | | | | | CCDT METRO LX | 00:50:32 |
| 330 | 54 | JAIME MESTRE | 39 | M3539 | 51 | M | | | | | GD AGUIAS MOITA | 00:50:32 |
| 331 | 170 | ANA PIPIO | 36 | F3599 | 6 | F | | | | | ARC SOCASA | 00:50:38 |
| 332 | 375 | MARTA NEVES | 20 | F2034 | 18 | F | | | | | ATENEU A | 00:50:43 |
| 333 | 45 | NUNO AZEVEDO | 31 | M2034 | 75 | M | | | | | CCDT METRO LX | 00:50:56 |
| 334 | 179 | PEDRO CARVALHO | 46 | M4549 | 50 | M | | | | | OS SANTARENOS | 00:51:01 |
| 335 | 331 | JOSE L GONÇALVES | 34 | M2034 | 76 | M | | | | | INDIVIDUAL | 00:51:03 |
| 336 | 65 | RICARDO FIGUEIRA | 34 | M2034 | 77 | M | | | | | BOM PETISCO | 00:51:11 |
| 337 | 406 | NUNO MORAIS | 36 | M3539 | 52 | M | | | | | CN CARTAXO | 00:51:16 |
| 338 | 395 | ORLANDO ALMEIDA | 34 | M2034 | 78 | M | | | | | GP RUNNERS | 00:51:30 |
| 339 | 223 | DOMINGOS MATOS | 48 | M4549 | 51 | M | | | | | FALCOES SELVAGENS | 00:51:56 |
| 340 | 361 | CARLOS MATIAS | 67 | M6099 | 14 | M | | | | | ADCR PAINHO | 00:52:01 |
| 341 | 24 | CRUZ MARQUES | 58 | M5559 | 18 | M | | | | | CCDT METRO LX | 00:52:03 |
| 342 | 59 | JOSE BRAS | 50 | M5054 | 39 | M | | | | | CDR AGUIAS UNIDAS | 00:52:06 |
| 343 | 447 | TINA OLIVEIRA | 46 | F3599 | 7 | F | | | | | CDR AGUIAS UNIDAS | 00:52:06 |
| 344 | 428 | FERNANDO J S OLIVEIRA | 36 | M3539 | 53 | M | | | | | INDIVIDUAL | 00:52:08 |
| 345 | 189 | JOAO LOURENÇO | 45 | M4549 | 52 | M | | | | | OS SANTARENOS | 00:52:20 |
| 346 | 46 | TERESA LOPES | 37 | F3599 | 8 | F | | | | | CCDT METRO LX | 00:52:22 |
| 347 | 29 | FERNANDO CARDOSO | 57 | M5559 | 19 | M | | | | | CCDT METRO LX | 00:52:30 |
| 348 | 72 | JOAO BRANCO | 62 | M6099 | 15 | M | | | | | AAE BNU | 00:52:30 |
| 349 | 391 | HENRIQUE VILHENA | 53 | M5054 | 40 | M | | | | | SMO PROGRESSO | 00:52:39 |
| 350 | 64 | FERNANDO G LOURENÇO | 59 | M5559 | 20 | M | | | | | BOM PETISCO | 00:52:42 |
| 351 | 473 | TERESA KNAPIC | 57 | F3599 | 9 | F | | | | | INDIVIDUAL | 00:52:52 |
| 352 | 185 | MANUEL FIDALGO | 61 | M6099 | 16 | M | | | | | OS SANTARENOS | 00:52:56 |
| 353 | 49 | CARLOS SECO | 49 | M4549 | 53 | M | | | | | GD AGUIAS MOITA | 00:53:02 |

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| 354 | 431 | RAQUEL MADEIRA | 21 | F2034 | 19 | F | | | | | INDIVIDUAL | 00:53:13 |
| 355 | 352 | JOAO LANDEIRO | 63 | M6099 | 17 | M | | | | | INDIVIDUAL | 00:53:20 |
| 356 | 163 | CARLOS MONTEIRO | 44 | M4044 | 62 | M | | | | | SCALABIS N RUNNING | 00:53:27 |
| 357 | 316 | CARLOS C TEIXEIRA | 49 | M4549 | 54 | M | | | | | INDIVIDUAL | 00:53:27 |
| 358 | 342 | RUI M S ALVES | 35 | M3539 | 54 | M | | | | | INDIVIDUAL | 00:53:31 |
| 359 | 386 | ANTONIO VERGAS | 40 | M4044 | 63 | M | | | | | ATENEU A | 00:53:51 |
| 360 | 373 | ANA SERIO | 42 | F3599 | 10 | F | | | | | ATENEU A | 00:54:18 |
| 361 | 211 | GONÇALO AZEVEDO | 31 | M2034 | 79 | M | | | | | WIKABOO | 00:54:20 |
| 362 | 27 | FRANCISCO GONÇALVES | 43 | M4044 | 64 | M | | | | | CCDT METRO LX | 00:54:33 |
| 363 | 67 | HELIO GODINHO | 59 | M5559 | 21 | M | | | | | SMO PROGRESSO | 00:54:38 |
| 364 | 88 | JOSE MAIA | 52 | M5054 | 41 | M | | | | | CCD O ALVITEJO | 00:54:43 |
| 365 | 350 | JOSE BORDALO | 57 | M5559 | 22 | M | | | | | INDIVIDUAL | 00:54:57 |
| 366 | 210 | ALESSANDRA AZEVEDO | 30 | F2034 | 20 | F | | | | | WIKABOO | 00:54:58 |
| 367 | 239 | ANTONIO SIETRA | 38 | M3539 | 55 | M | | | | | CLUBE VODAFONE | 00:55:33 |
| 368 | 251 | JORGE VIEIRA | 46 | M4549 | 55 | M | | | | | AC SALVATERRA | 00:55:34 |
| 369 | 300 | Mª ANTONIETA SA | 43 | F3599 | 11 | F | | | | | A 20 KMS ALMEIRIM | 00:55:47 |
| 370 | 435 | AUGUSTO FERNANDES | 45 | M4549 | 56 | M | | | | | CR LEOES P SALVO | 00:55:48 |
| 371 | 436 | AMERICO AMARO | 49 | M4549 | 57 | M | | | | | CR LEOES P SALVO | 00:55:48 |
| 372 | 48 | LUIS SOBRAL | 48 | M4549 | 58 | M | | | | | GD AGUIAS MOITA | 00:55:51 |
| 373 | 249 | VITOR SILVA | 48 | M4549 | 59 | M | | | | | TARTUGAS CHARNECA | 00:55:58 |
| 374 | 78 | JORGE POLIDOR | 42 | M4044 | 65 | M | | | | | CCD O ALVITEJO | 00:56:00 |
| 375 | 114 | JOSE CLARO | 64 | M6099 | 18 | M | | | | | C VETERANOS LIS | 00:56:13 |
| 376 | 30 | JOAO CONSTANCIO | 63 | M6099 | 19 | M | | | | | CCDT METRO LX | 00:56:26 |
| 377 | 250 | ARMENIO ANDRADE | 58 | M5559 | 23 | M | | | | | AC SALVATERRA | 00:56:30 |
| 378 | 376 | ANGELINA LOPES | 19 | F1819 | 1 | F | | | | | ATENEU A | 00:56:39 |
| 379 | 320 | JOAO P S LIMA | 50 | M5054 | 42 | M | | | | | INDIVIDUAL | 00:56:45 |
| 380 | 246 | BRUNO PINA | 25 | M2034 | 80 | M | | | | | TARTUGAS CHARNECA | 00:56:57 |
| 381 | 303 | MARIO SANTOS | 34 | M2034 | 81 | M | | | | | INDIVIDUAL | 00:56:57 |
| 382 | 325 | ARLINDO SILVA | 69 | M6099 | 20 | M | | | | | INDIVIDUAL | 00:56:58 |
| 383 | 235 | PATRICIA MARQUES | 29 | F2034 | 21 | F | | | | | ACR FRADE CIMA | 00:57:05 |
| 384 | 475 | ALBINO SANTOS | 41 | M4044 | 66 | M | | | | | HAVATI | 00:57:07 |
| 385 | 26 | FERNANDO FERNANDES | 57 | M5559 | 24 | M | | | | | CCDT METRO LX | 00:57:23 |
| 386 | 461 | PEDRO TRISTAO | 27 | M2034 | 82 | M | | | | | ACADEMIA SK | 00:57:31 |
| 387 | 458 | CARLOS TERESO | 37 | M3539 | 56 | M | | | | | ACADEMIA SK | 00:57:34 |
| 388 | 38 | ORLANDO SOUSA | 47 | M4549 | 60 | M | | | | | CCDT METRO LX | 00:57:58 |
| 389 | 356 | ANABELA P D PACHECO | 38 | F3599 | 12 | F | | | | | INDIVIDUAL | 00:58:21 |
| 390 | 204 | FERNANDO FERREIRA | 63 | M6099 | 21 | M | | | | | C MILLENNIUM BCP | 00:58:22 |
| 391 | 213 | NUNO VENTURA | 36 | M3539 | 57 | M | | | | | WIKABOO | 00:58:33 |
| 392 | 214 | MONICA PAREDES | 31 | F2034 | 22 | F | | | | | WIKABOO | 00:58:33 |
| 393 | 308 | VITOR AVILA | 22 | M2034 | 83 | M | | | | | INDIVIDUAL | 00:58:44 |

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube | Tempo |
|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|-------------------|----------|
| 394 | 302 | ANTONIO OLHICOS | 34 | M2034 | 84 | M | | | | | INDIVIDUAL | 00:58:48 |
| 395 | 301 | BRUNO MAINHAS | 31 | M2034 | 85 | M | | | | | INDIVIDUAL | 00:59:01 |
| 396 | 47 | LUIS DUQUE | 45 | M4549 | 61 | M | | | | | O MUNDO CORRIDA | 00:59:10 |
| 397 | 150 | IVANNA FEDORYSHYN | 19 | F1819 | 2 | F | | | | | ADR AGUAS BELAS | 00:59:19 |
| 398 | 151 | SUSAN MOTA | 40 | F3599 | 13 | F | | | | | ADR AGUAS BELAS | 00:59:19 |
| 399 | 471 | ANTONIO ALVES | 38 | M3539 | 58 | M | | | | | O MUNDO CORRIDA | 00:59:21 |
| 400 | 432 | JAVIER COSTA | 23 | M2034 | 86 | M | | | | | INDIVIDUAL | 00:59:55 |
| 401 | 476 | DIAMANTINO CAPUCHO | 58 | M5559 | 25 | M | | | | | HAVATI | 01:00:18 |
| 402 | 347 | EBERHARD A WILHELM | 62 | M6099 | 22 | M | | | | | INDIVIDUAL | 01:00:21 |
| 403 | 216 | JORGE SILVA | 60 | M6099 | 23 | M | | | | | CA OS PESADOS | 01:00:30 |
| 404 | 317 | FREDERICO A SOUSA | 46 | M4549 | 62 | M | | | | | INDIVIDUAL | 01:00:33 |
| 405 | 369 | ROSA RODRIGUES | 53 | F3599 | 14 | F | | | | | ADCR PAINHO | 01:01:05 |
| 406 | 66 | JORGE NARCISO | 49 | M4549 | 63 | M | | | | | SMO PROGRESSO | 01:01:42 |
| 407 | 120 | NATERCIA CARVALHO | 29 | F2034 | 23 | F | | | | | C VETERANOS LIS | 01:01:53 |
| 408 | 327 | JOSE PEREIRA | 50 | M5054 | 43 | M | | | | | INDIVIDUAL | 01:02:45 |
| 409 | 243 | FERNANDO CARVALHO | 38 | M3539 | 59 | M | | | | | BUERAPIDOS | 01:02:51 |
| 410 | 254 | VICTOR MENDES | 48 | M4549 | 64 | M | | | | | VPRLR MENDES | 01:02:51 |
| 411 | 456 | CIBELE COSTA | 20 | F2034 | 24 | F | | | | | ACADEMIA SK | 01:03:52 |
| 412 | 460 | RUI RAMOS | 22 | M2034 | 87 | M | | | | | ACADEMIA SK | 01:03:52 |
| 413 | 201 | PAULA BATALHA | 44 | F3599 | 15 | F | | | | | C MILLENNIUM BCP | 01:04:28 |
| 414 | 215 | JOSE C JORGE | 61 | M6099 | 24 | M | | | | | CA OS PESADOS | 01:04:47 |
| 415 | 445 | GORETE CAPUCHO | 42 | F3599 | 16 | F | | | | | CDR AGUIAS UNIDAS | 01:07:32 |
| 416 | 242 | ANA C DIONISIO | 45 | F3599 | 17 | F | | | | | MULTIFLOW | 01:11:00 |
| 417 | 158 | DINA FONSECA | 41 | F3599 | 18 | F | | | | | O MUNDO CORRIDA | 01:11:01 |
| 418 | 94 | FERNANDO CARDOSO | 75 | M6099 | 25 | M | | | | | CCD O ALVITEJO | 01:14:27 |
| 419 | 92 | JULIO MARINHO | 67 | M6099 | 26 | M | | | | | CCD O ALVITEJO | 01:20:21 |
| 420 | 228 | LUCILIA REIS | 51 | F3599 | 19 | F | | | | | FALCOES SELVAGENS | 01:20:21 |